

St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

Pastor: Fr. Roshan Loy D’Souza, CSC
Secretary/Bookkeeper: Nerie Bernal
Custodian: Allan Cobham

OFFICE HOURS:
Monday to Friday: 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

PARISH MINISTRIES

Altar Servers
Children’s Liturgy
Collection Counters
Communion to the Sick
Lectors & Eucharistic
Ministries
Legion of Mary
Social Action Committee
Parish Council

Finance Council
Girl Guides

*If you feel called to
serve the church
through any of these
ministries, please call
the parish office.*

St. Vincent de Paul Society:
The Knights of Columbus: 647-885-7299

St. Joseph Catholic School:
Principal: Eoghan Morishita-Miki
Phone: 416-393-5209

MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

CELEBRATION OF SACRAMENTS

Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

Hall Rental: Please contact the parish office at 416-466-7815.

162 Leslie St. Toronto, ON M4M 3C7

Tel: 416-466-7815 or 416-518-0276

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org



A Journey Back to the Heart of God

Lent is not merely a season on the Church's calendar; it is a sacred journey of the heart. For forty days, we walk with Jesus into the desert—a place of silence, testing, and transformation. The desert in Scripture is not only a physical location but a spiritual reality. It is where distractions fall away and we encounter both our weakness and God's faithful presence.

The Gospel of the First Sunday of Lent always presents Jesus being tempted in the wilderness. Before He begins His public ministry, He fasts and prays. In that solitude, the tempter challenges His identity: "If you are the Son of God..." Lent invites us to confront similar temptations—doubts about who we are and whose we are. The world often measures us by success, appearance, or power. But in the desert, we rediscover that we are beloved children of the Father.

Prayer, fasting, and almsgiving are not burdens imposed by the Church; they are remedies for the soul. Prayer reorients our hearts toward God. It teaches us to listen more than we speak and to trust more than we control. Fasting frees us from attachment—not only to food but to habits, comforts, and distractions that dull our spiritual hunger. Almsgiving stretches our hearts toward others, especially the poor and forgotten, making our love concrete and sacrificial.

Lent is also a season of repentance. Repentance is not about shame; it is about returning home. The Greek word *metanoia* means a change of mind and heart—a turning around. Like the prodigal son, we may realize that we have wandered far from the father's embrace. Yet Lent assures us that God is always waiting, eager to forgive, eager to restore. The Sacrament of Reconciliation becomes a powerful encounter with mercy, where grace renews what sin has wounded.

Importantly, Lent is not gloomy. It is hopeful. The ashes we receive on Ash Wednesday remind us of our mortality—"Remember you are dust"—but they also mark us with a sign of belonging. Our fragility is not the end of the story. Through Christ's Passion and Resurrection, even death is transformed into life.

As we move toward Holy Week, we are called to unite our small sacrifices with Christ's great sacrifice on the Cross. Every act of patience, every hidden prayer, every quiet act of charity becomes part of this offering. Lent shapes us into disciples who love more deeply and follow more faithfully.

May this Lenten season be a true pilgrimage of the heart—a time to simplify, to surrender, and to seek God above all. And when Easter dawns, may we rise with Christ, renewed in faith, strengthened in hope, and radiant in love.

Fr. Roshan Loy D'Souza, CSC



REMEMBERING ST. JOSEPH'S CHURCH,

Making a charitable Bequest:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, Contact:

St. Joseph Church office : 416 466 7815 / 416 518 0276.



Archdiocese of Toronto

Catholic Charities Scholarships and Community Service

Awards

Catholic Charities is inviting applications for this year's Scholarships and nominations for the Michael Fullan Community Service Awards. These opportunities support students pursuing a variety of studies and celebrate those whose service reflects the Gospel call to love our neighbours. If you know a young person discerning their path, or someone in our community whose generosity and compassion shine through their daily actions, consider encouraging them to apply or nominating them for an award. Full details, including eligibility criteria, link to reference forms, and link to nominations forms, are available at www.ccat.ca/scholarships. You can also follow Catholic Charities on Facebook, Instagram, LinkedIn, and X to hear inspiring stories from past recipients.

Deadline for all applications and nominations: April 30, 2026

CONTACT: info@ccat.ca or kquan@ccat.ca or 416-934-3401

EUCCHARISTIC MIRACLES OF THE WORLD EXHIBIT

An exhibit that Saint Carlo Acutis produced himself, you will "meet" the young saint through presentations, and in the presence of his first-class Relic. The exhibit's purpose is to increase awareness of the Real Presence of our Lord in the Eucharist. It consists of over a hundred panels, each laboriously catalogued by Saint Carlo, and each telling the story of one of the Eucharistic miracles that took place over the centuries all over the world. Through a vast assortment of photographs and historical descriptions of the main Eucharistic miracles, we are virtually brought back to the time and places where the miracles occurred. This Vatican-approved exhibit has already been hosted on five continents, including some of the most famous Marian shrines such as **Fatima, Lourdes and Guadalupe.**

Dates: April 24 to 26, 2026 – Paroisse de la Sainte Famille, 1780 Meadowvale Blvd, Mississauga, ON (Free entry. All are welcome!) For more information, please contact the parish at paroissesainte-famille@archtoronto.org.

SIXTH SUNDAY IN ORDINARY TIME : FEBRUARY 15, 2026



The Pope's Monthly Intentions for: February 2026: For Children with Incurable Diseases

Let us pray that that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.



Children's Liturgy of the Word

"Let the little children come to me..." (Matthew 19:14) The goal of the Children's Liturgy is to help young children celebrate the Liturgy of the Word in a way that is meaningful and appropriate for their age.

We warmly invite parents to bring their children to the Sunday 10:00 am Mass at St. Joseph's Church and encourage them to take part in this special liturgical experience.

Calling All Children! Join Our Altar Servers and Children's Choir!

We warmly invite all children to become part of two very special ministries in our church community:



Altar Servers: Would you like to help at Mass in a special way? Altar serving is a wonderful opportunity for children to grow in faith, learn more about the Mass, and serve God and the parish. Training will be provided.



Children's Choir: Do you love to sing? Join our joyful Children's Choir and help lead the parish in worship through music! Choir members learn new songs, develop their musical gifts, and make new friends.



Office Of Catholic Youth: Our Vision & Mission: Our vision is to guide youth and young adults, to Encounter, Love, and Serve, Jesus Christ. Please Join the St. Joseph Youth Group.



Confirmation Sessions: **For** March 1,8,29 & April 5, 12, 2026.

All candidates preparing for Confirmation are required to attend the classes after the Sunday 10:00 a.m. mass and we request everyone to be present without fail.



First Communion: All children who are preparing to receive the Sacraments of Reconciliation and Eucharist are required to attend Sunday Mass regularly.



WEEKEND COLLECTION:

February 07-08, 2026: \$ 853.95

Thank you for your constant support and generous contribution.

Kindly contribute through Pre - Authorized Giving. Forms are available in the foyer, A Big thanks to Knights of Columbus, Council 9079.



† MASS INTENTIONS

Sunday, February 15 :

10:00 am : † Fr. Terence Edmund Gallagher

Req. Andrea & Salvador Cornista

Monday, February 16 : NO MASS

Tuesday, February 17 :

9:00 am : † Edward Paredes

Req. Elsa Borja & Family

Wednesday, February 18 :

7:00 pm :

Req.

Thursday, February 19 :

9:00 am :

Req.

Friday, February 20 :

7:00 pm:

Req.

Saturday, February 21:

5:00 pm: **St. Joseph Parish Community**

† Kenny Monis

Req. Monis Family

Ash Wednesday Mass Schedule:

February 18, 2026 : 9:00 am & 7:00 pm



St. Joseph, faithful guardian of Jesus and spouse of Mary, guide and protect us. Teach us humility, patience, and trust in God's will. Watch over our families and work, provide for our needs, and strengthen us in trials. Pray for us now and always. Amen.

St. Joseph, Pray For Us.

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