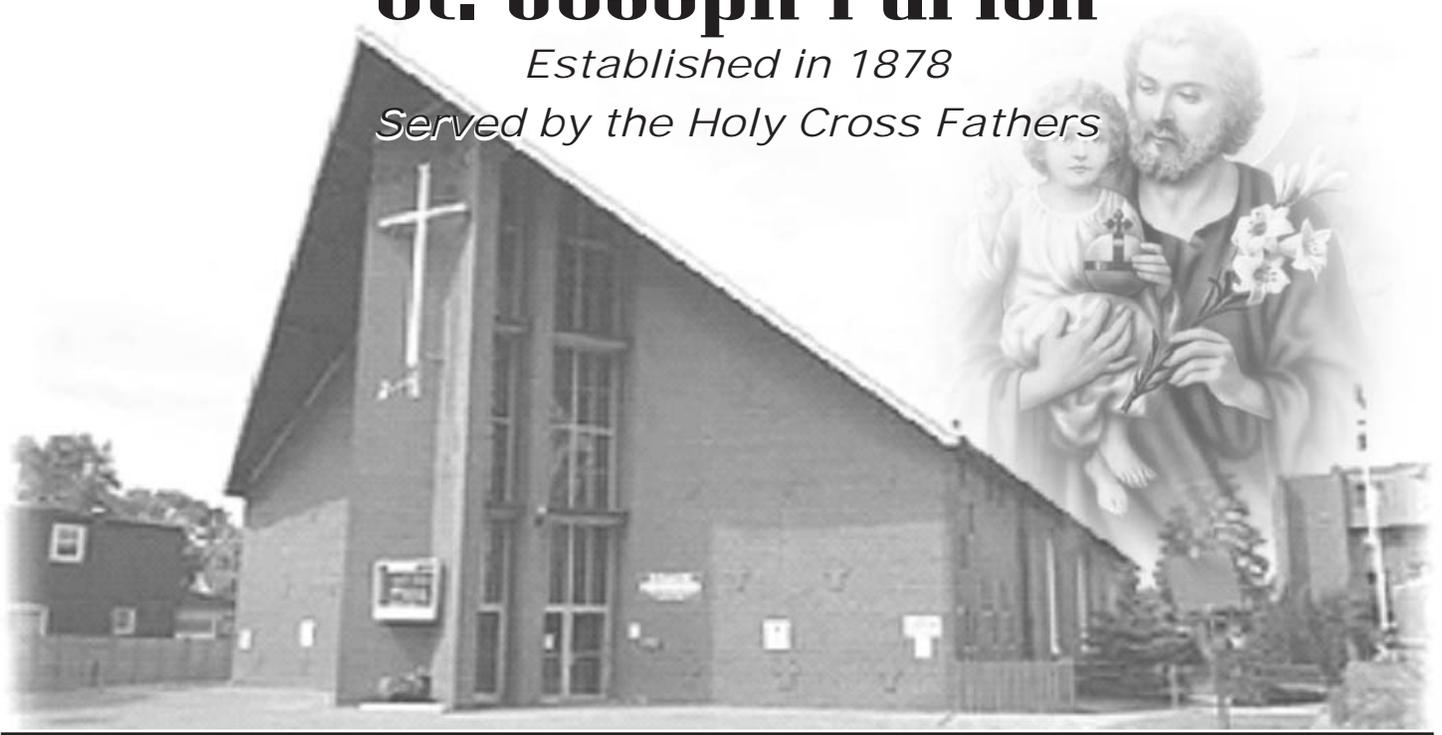


St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

Pastor: Fr. Roshan Loy D’Souza, CSC
Secretary/Bookkeeper: Nerie Bernal
Custodian: Allan Cobham

OFFICE HOURS:
Monday to Friday: 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

PARISH MINISTRIES

Altar Servers
Children’s Liturgy
Collection Counters
Communion to the Sick
Lectors & Eucharistic
Ministries
Legion of Mary
Social Action Committee
Parish Council

Finance Council
Girl Guides

*If you feel called to
serve the church
through any of these
ministries, please call
the parish office.*

St. Vincent de Paul Society:
The Knights of Columbus: 647-885-7299

St. Joseph Catholic School:
Principal: Eoghan Morishita-Miki
Phone: 416-393-5209

MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

CELEBRATION OF SACRAMENTS

Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

Hall Rental: Please contact the parish office at
416-466-7815.

162 Leslie St. Toronto, ON M4M 3C7

Tel: 416-466-7815 or 416-518-0276

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org



Accepting the Crosses of Life

Life, in its unfolding, brings with it both moments of joy and seasons of struggle. No one is exempt from difficulty; each person carries crosses uniquely shaped by circumstance, choice, and mystery. Accepting the crosses of life does not mean seeking suffering or denying pain, but rather learning how to carry what we cannot change with faith, patience, and hope. Often, our first response to hardship is resistance. We ask why this is happening and search for ways to escape discomfort. Yet many of life's deepest lessons are formed precisely in these moments of resistance. When we accept a cross, we stop expending all our energy fighting reality and begin to discover meaning within it. Acceptance opens the door to growth, even when understanding comes slowly or not at all.

In the Christian tradition, the cross is not merely a symbol of suffering but of love freely given. Jesus did not deny the weight of the cross; He stumbled beneath it, felt anguish, and cried out in pain. Still, He carried it in obedience and trust. This example reminds us that acceptance does not require emotional strength at every moment. It requires willingness—willingness to keep walking, even when the road is steep and uncertain. The crosses we bear may come in many forms: illness, loss, broken relationships, unfulfilled dreams, or quiet daily burdens that go unseen. Some are temporary; others may remain for a lifetime. When these struggles are met with humility and perseverance, they can soften the heart rather than harden it. They teach compassion, drawing us closer to the suffering of others and helping us love more deeply.

Accepting life's crosses also teaches surrender. There is freedom in acknowledging our limits and entrusting what we cannot control to God. This surrender does not weaken us; it strengthens us by anchoring our hope beyond our own abilities. In prayer, silence, and reflection, the cross becomes a place of encounter rather than despair. Pain is not the final word; love is. Through the crosses we carry, we are invited to grow in trust, patience, and grace.

God Bless; Fr. Roshan Loy Dsouza, CSC



REMEMBERING ST. JOSEPH'S CHURCH,

Making a charitable Bequest:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, Contact:

St. Joseph Church office : 416 466 7815 / 416 518 0276.



Archdiocese of Toronto

Parishioner Engagement in 2026

From: Quentin Schesnuik, Associate Director, Family Life and Parish Vitality

For parishes currently working on their 2026 plans to increase parishioner engagement, the Parishioner Time and Talent Campaign Kit is available to assist in developing a parishioner engagement strategy, particularly in the lead-up to Stewardship Sunday on September 20, 2026 (second-last Sunday of September). Updated resources include a campaign card; easy-to-follow guides to organize parish ministry fairs, form lay witness speakers, hold a Commitment Sunday, and create stewardship committees; as well as posters, brochures, links to the Parish Vitality Webinar Series recording library, and more. The kit also includes the new Your Parish Needs Youth! resource. For further information, contact fomation@archtoronto.org

EUCCHARISTIC MIRACLES OF THE WORLD EXHIBIT

An exhibit that Saint Carlo Acutis produced himself, you will "meet" the young saint through presentations, and in the presence of his first-class Relic. The exhibit's purpose is to increase awareness of the Real Presence of our Lord in the Eucharist. It consists of over a hundred panels, each laboriously catalogued by Saint Carlo, and each telling the story of one of the Eucharistic miracles that took place over the centuries all over the world. Through a vast assortment of photographs and historical descriptions of the main Eucharistic miracles, we are virtually brought back to the time and places where the miracles occurred. This Vatican-approved exhibit has already been hosted on five continents, including some of the most famous Marian shrines such as **Fatima, Lourdes and Guadalupe.**

Dates: April 24 to 26, 2026 – Paroisse de la Sainte Famille, 1780 Meadowvale Blvd, Mississauga, ON (Free entry. All are welcome!) For more information, please contact the parish at paroissesaintefamille@archtoronto.org.

FIFTH SUNDAY IN ORDINARY TIME : FEBRUARY 08, 2026



The Pope's Monthly Intentions for: February 2026:
For Children with Incurable Diseases
Let us pray that that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.



Children's Liturgy of the Word

"Let the little children come to me..." (Matthew 19:14) The goal of the Children's Liturgy is to help young children celebrate the Liturgy of the Word in a way that is meaningful and appropriate for their age. We warmly invite parents to bring their children to

the Sunday 10:00 am Mass at St. Joseph's Church and encourage them to take part in this special liturgical experience.

Calling All Children! Join Our Altar Servers and Children's Choir!

We warmly invite all children to become part of two very special ministries in our church community:



Altar Servers: Would you like to help at Mass in a special way? Altar serving is a wonderful opportunity for children to grow in faith, learn more about the Mass, and serve God and the parish. Training will be provided.



Children's Choir: Do you love to sing? Join our joyful Children's Choir and help lead the parish in worship through music! Choir members learn new songs, develop their musical gifts, and make new friends.



Office Of Catholic Youth: Our Vision & Mission: Our vision is to guide youth and young adults, to Encounter, Love, and Serve, Jesus Christ. Please Join the St. Joseph Youth Group.



Confirmation Sessions: For January 2026: 11, 18 and 25.

All candidates preparing for Confirmation are required to attend the classes after the Sunday 10:00 a.m. mass and we request everyone to be present without fail.



First Communion: All children who are preparing to receive the Sacraments of Reconciliation and Eucharist are required to attend Sunday Mass regularly.



WEEKEND COLLECTION:

January 31 -February 01, 2026: \$ 763.45

Thank you for your constant support and generous contribution.

Kindly contribute through Pre - Authorized Giving. Forms are available in the foyer, A Big thanks to Knights of Columbus, Council 9079.



† MASS INTENTIONS

Sunday, February 08 :

10:00 am : † **Laura Selman**

Req. St. Joseph Parish

Monday, February 09 : NO MASS

Tuesday, February 10 :

9:00 am :

Req.

Wednesday, February 11 :

7:00 pm :

Req.

Thursday, February 12 :

9:00 am :

Req.

Friday, February 13 :

7:00 pm: **Thanksgiving for the gift of Life - Jocelyn Salvador**

† **Jeffrey Tan**

Req. Jocelyn Salvador

Saturday, February 14 :

5:00 pm: **St. Joseph Parish Community**



Pancake Breakfast: February 15,

2026: After the Sunday 10 am Mass at St. Joseph Parish Hall. Tickets are available before and after the Masses.

Ticket: \$ 15.00



St. Joseph, faithful guardian of Jesus and spouse of Mary, guide and protect us. Teach us humility, patience, and trust in God's will. Watch over our families and work, provide for our need and strengthen us in trials. Pray for us now and always. Amen.

St. Joseph, Pray for us

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