

St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

Pastor: Fr. Roshan Loy D’Souza, CSC
Secretary/Bookkeeper: Nerie Bernal
Custodian: Allan Cobham

OFFICE HOURS:
Monday to Friday: 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

PARISH MINISTRIES

Altar Servers
Children’s Liturgy
Collection Counters
Communion to the Sick
Lectors & Eucharistic
Ministries
Legion of Mary
Social Action Committee
Parish Council

Finance Council
Girl Guides

*If you feel called to
serve the church
through any of these
ministries, please call
the parish office.*

St. Vincent de Paul Society:
The Knights of Columbus: 647-885-7299

St. Joseph Catholic School:
Principal: Eoghan Morishita-Miki
Phone: 416-393-5209

MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

CELEBRATION OF SACRAMENTS

Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

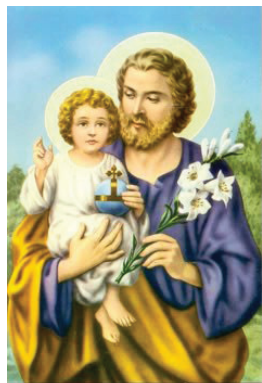
Hall Rental: Please contact the parish office at 416-466-7815.

162 Leslie St. Toronto, ON M4M 3C7

Tel: 416-466-7815 or 416-518-0276

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org



Let Go and Let God

"Let go and let God" is a simple phrase, yet it carries profound spiritual depth. It is an invitation to release control, surrender fear, and trust in a power greater than ourselves. In a world that constantly urges us to strive, plan, and manage every outcome, this message feels countercultural. Yet, it is often in letting go that we find peace, clarity, and true strength.

Letting go does not mean giving up or becoming passive. Rather, it means acknowledging our human limitations. We can work hard, make wise choices, and act with integrity, but we cannot control everything—people's actions, unexpected events, or the future itself. When we cling too tightly to outcomes, we often invite anxiety, frustration, and disappointment into our lives. Letting go is the act of loosening that grip and admitting, with humility, that we are not meant to carry every burden alone.

Letting God in is the second, equally vital part of the phrase. It is not enough to release control; we must also place our trust somewhere meaningful. Letting God in means believing that there is divine wisdom at work, even when circumstances are confusing or painful. It is trusting that God sees the full picture when we can only see fragments. This trust does not erase hardship, but it reframes it. Challenges become opportunities for growth, faith, and deeper reliance on God.

Many people struggle with this surrender because it feels risky. Trust requires vulnerability. It asks us to step into uncertainty with faith rather than guarantees. Yet, time and again, spiritual experience shows that when people truly let go and let God, they often discover an unexpected sense of peace. The problem may not vanish, but the weight of carrying it alone does. Prayer, meditation, and quiet reflection become tools for releasing worry and inviting divine guidance.

Letting go and letting God also teaches patience. Answers do not always come immediately, and solutions may unfold in ways we did not anticipate. This process shapes character, cultivating humility, resilience, and compassion. It reminds us that our worth is not measured by how much we control, but by how deeply we trust.

Ultimately, "let go and let God" is a daily practice, not a one-time decision. Each day presents new worries to surrender and new opportunities to trust. In choosing to let go, we free ourselves from the exhausting illusion of control. In choosing to let God, we open our hearts to grace, peace, and a deeper sense of purpose.

God Bless: Fr. Roshan Loy D'Souza, CSC



REMEMBERING ST. JOSEPH'S CHURCH, Making a charitable Bequest:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, Contact:
St. Joseph Church office : 416 466 7815 / 416 518 0276.



Archdiocese of Toronto

**Men Silent Retreat: Pilgrims of Hope:
Guided by the Past, Inspired by the Future.**

Friday, January 23, 2026 6:30 PM - Sunday, January 25, 2026
1:30 PM Manresa Jesuit Spiritual Renewal Centre

Men Ignatian Retreat: As people of faith, we journey together as pilgrims—rooted in God's faithfulness, strengthened by hope, and called to witness in love. This year's theme, "Pilgrims of Hope: Guided by the Past, Inspired by the Future," invites us to reflect on where we have come from, where God is leading us, and how we are called to live today. Come and journey with us as we discover anew what it means to be pilgrims of hope—grateful for the past, trusting for the future, and faithful in the present.

This SILENT retreat begins on Friday evening and runs to Sunday with lunch. The suggested offering is \$270 per person which includes two nights' accommodation, meals, spiritual direction and retreat program. Facilitated by: Fr. Dexter Gray, SJ REGISTER: Via email at manresaregistration@outlook.com, online at <https://manresa-canada.ca> or call 905-839-2864.

Day of Reflection for Men/Women:



Monday, January 26, 2026 9:00 AM to 3:00 PM .

We will reflect and pray on the different movements and parts of the Eucharistic celebration.

Gathering of God's People. Listening to God's Word. Thanksgiving for God's deeds in history. Facilitated by Fr. Charles Pottie, SJ.

The suggested offering is \$70 per person which includes lunch, coffee/tea break, program and Mass. REGISTER: Email: manresaregistration@outlook.com or visit <https://manresa-canada.ca> or call 905-839-2864.

SECOND SUNDAY IN ORDINARY TIME : JANUARY 18, 2026



The Pope's Monthly Intentions for January 2026: For Prayer With The Word of God.

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us build a more fraternal & missionary Church.



Children's Liturgy of the Word

"Let the little children come to me..." (Matthew 19:14) The goal of the Children's Liturgy is to help young children celebrate the Liturgy of the Word in a way that is meaningful and appropriate for their age.

We warmly invite parents to bring their children to the Sunday 10:00 am Mass at St. Joseph's Church and encourage them to take part in this special liturgical experience.

Calling All Children! Join Our Altar Servers and Children's Choir!

We warmly invite all children to become part of two very special ministries in our church community:



Altar Servers: Would you like to help at Mass in a special way? Altar serving is a wonderful opportunity for children to grow in faith, learn more about the Mass, and serve God and the parish. Training will be provided.



Children's Choir: Do you love to sing? Join our joyful Children's Choir and help lead the parish in worship through music! Choir members learn new songs, develop their musical gifts, and make new friends.



Office Of Catholic Youth: Our Vision & Mission: Our vision is to guide youth and young adults, to Encounter, Love, and Serve, Jesus Christ. Please Join the St. Joseph Youth Group.



Confirmation Sessions: *For January 2026:* 11, 18 and 25.

All candidates preparing for Confirmation are required to attend the classes after the Sunday 10:00 a.m. mass and we request everyone to be present without fail.



First Communion: All children who are preparing to receive the Sacraments of Reconciliation and Eucharist are required to attend Sunday Mass regularly.



WEEKEND COLLECTION:

January 10-11, 2026: \$ 1,226.70

Thank you for your constant support and generous contribution.

Kindly contribute through Pre - Authorized Giving. Forms are available in the foyer, A Big thanks to Knights of Columbus, Council 9079.



† MASS INTENTIONS

Sunday, January 11:

10:00 am : **Thanksgiving for Gift of Life:**

Lorna Paez

Req. Angie & Nick Blanco

Monday, January 12: NO MASS

Tuesday, January 13:

9:00 am : † **Eliza & Joao Raposo, Manuel &**

Arsenio, Joao

Req. Maria Lima

† **Antonio Pascua**

Req. Pascua Family

Wednesday, January 14:

7:00 pm : † **Manuel, Maria Lima & son**

Req. Maria Lima

Thursday, January 15 :

9:00 am : **Thanksgiving for the Gift of Life—**

Fr. Roshan Loy D'Sousa

Req. Marilene & Virgie

All Souls in Purgatory

Req. Maria Lima

Friday, January 16:

7:00 pm:

Req.

Saturday, January 17:

5:00 pm: **St. Joseph Parish Community**



St. Joseph, faithful guardian of Jesus and spouse of Mary, guide and protect us. Teach us humility, patience, and trust in God's will. Watch over our families and work, provide for our needs, and strengthen us in trials. Pray for us now and always. Amen.

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