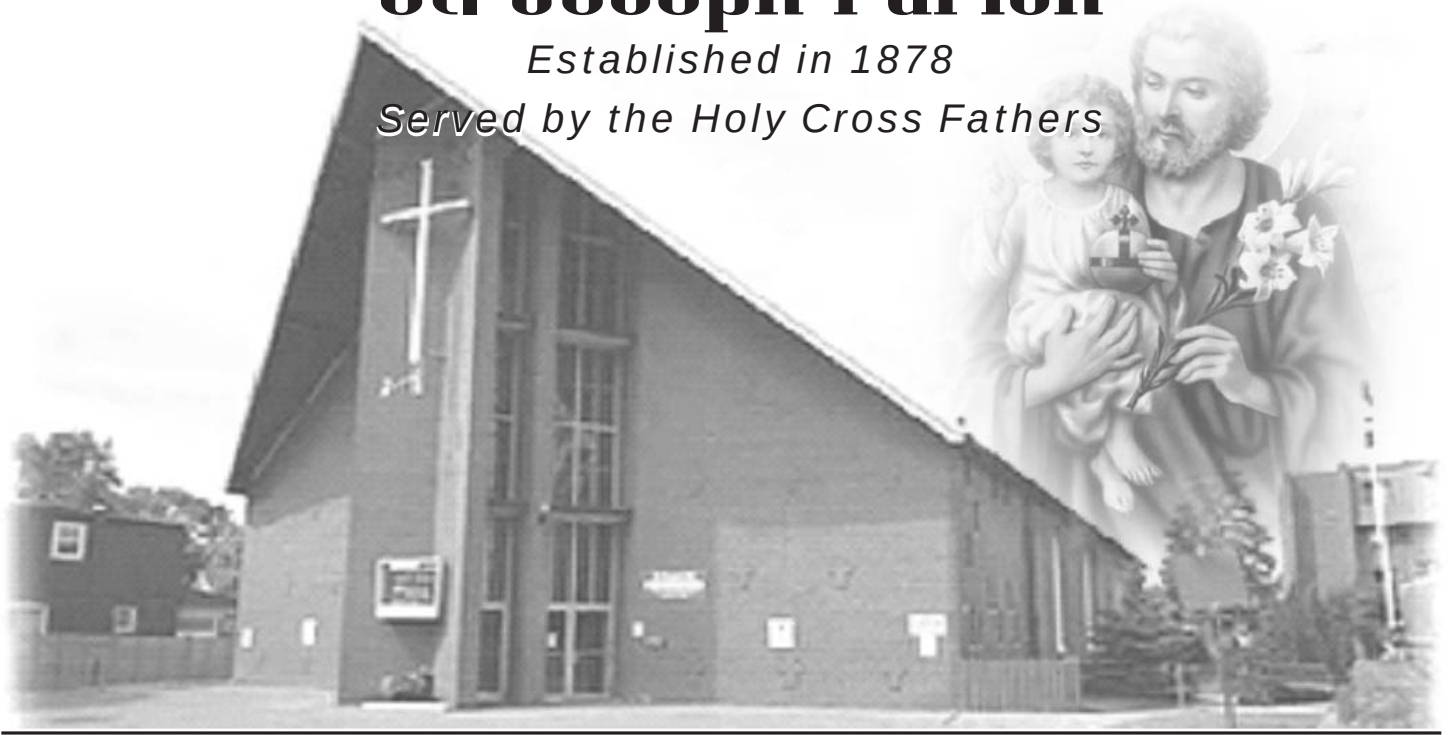


St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

Pastor: Fr. Roshan Loy D’Souza, CSC
Secretary/Bookkeeper: Nerie Bernal
Custodian: Allan Cobham

OFFICE HOURS:
Monday to Friday: 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

PARISH MINISTRIES

Altar Servers
Children’s Liturgy
Collection Counters
Communion to the Sick
Lectors & Eucharistic
Ministries
Legion of Mary
Social Action Committee
Parish Council

Finance Council
Girl Guides

*If you feel called to
serve the church
through any of these
ministries, please call
the parish office.*

St. Vincent de Paul Society:
The Knights of Columbus: 647-885-7299

St. Joseph Catholic School:
Principal: Eoghan Morishita-Miki
Phone: 416-393-5209

MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

CELEBRATION OF SACRAMENTS

Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

Hall Rental: Please contact the parish office at 416-466-7815.

162 Leslie St. Toronto, ON M4M 3C7

Tel: 416-466-7815 or 416-518-0276

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org



Fire and Light of the Human Heart:

“Be angry, but do not sin; do not let the sun go down on your anger.” – Ephesians 4:26
Anger and love—two powerful emotions that dwell within every human heart. Both reveal what we care about most deeply. Anger flares when something we love feels threatened or violated; love expands when our hearts are aligned with God’s grace. The spiritual journey calls us not to deny anger, but to let love transform it.

Anger itself is not evil. Scripture shows that even God and Jesus experienced righteous anger. When Jesus drove the money changers from the temple, his anger defended what was sacred. It was an expression of divine love—a protest against injustice, hypocrisy, and exploitation. Righteous anger, guided by love, can be a holy fire that protects truth and dignity.

Yet human anger easily slips from holy passion into destructive force. When anger festers, it hardens the heart. We replay offenses, feed resentment, and lose peace. The letter of James warns, “Human anger does not produce the righteousness that God desires” (James 1:20). Unchecked anger isolates us from others and from God. It blinds us to the goodness in those we oppose and poisons our spirit with bitterness.

Love, on the other hand, is the only power that can heal anger. Love does not deny pain or excuse wrongdoing; it purifies the emotion and redirects its energy toward reconciliation. Love asks, “How can I respond in a way that restores what has been broken?” When anger is purified by love, it becomes compassion, courage, and the desire for justice without hatred.

This transformation begins in prayer. When we bring our anger before God—honestly and humbly—we make room for the Spirit to act within us. Prayer doesn’t erase emotion; it reorders it. God shows us not only our wounds but also the humanity of those who hurt us. Slowly, forgiveness becomes possible—not because the wrong was small, but because God’s mercy is greater.

The Cross of Christ stands as the ultimate meeting place of anger and love. The world’s violence and sin provoked divine justice, yet God’s answer was mercy. Jesus, in his agony, prayed, “Father, forgive them, for they know not what they do.” At Calvary, righteous anger was consumed by redeeming love. That love did not ignore evil—it overcame it with grace.

In daily life, anger often arises in small, ordinary moments: a harsh word, an unfair judgment, a disappointment. Each moment is an invitation to choose either reaction or redemption. When we pause, breathe, and remember God’s presence, love begins to soften our response. Instead of striking back, we seek understanding; instead of closing our hearts, we choose compassion.

To live spiritually mature lives is not to avoid anger but to let it be transformed by love. Justice without love becomes cruelty; love without justice becomes weakness. When anger is purified by love, it becomes a force for healing, courage, and truth. Then our hearts—once burning with resentment—shine instead with the steady light of God’s transforming grace. God bless:

Fr. Roshan Loy D’Souza, CSC

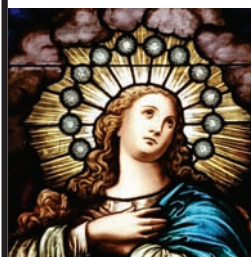


REMEMBERING ST. JOSEPH’S CHURCH, Making a charitable Bequest:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, Contact:
St. Joseph Church: 416 466 7815 / 416 518 0276.



Archdiocese of Toronto



Women Ignatian Retreat

This SILENT retreat begins on Friday evening and runs to Sunday with lunch. The suggested offering is \$270 per person which includes two night's accommodation, meals, spiritual direction and retreat program.

Facilitated by: Fr. Henk van Meijel, SJ

REGISTER: Via email at manresaregistration@outlook.com, online at <https://manresa-canada.ca> or call 905-839-2864.



November 19, 2025 | 5:30 pm EST
Mass for Persecuted Christians
St. Michael's Cathedral Basilica
65 Bond Street, Toronto, ON, M5B 1X1

Come pray with us. All are welcome.

acn-canada.org/rw/

THIRTIETH SUNDAY IN ORDINARY TIME : OCTOBER 26, 2025



The Pope's Monthly Intentions for October 2025:

For collaboration between different religious traditions. Let us pray that believers in different religious traditions might work together to defend & promote peace, justice & human fraternity.



Children's Liturgy of the Word

"Let the little children come to me..." (Matthew 19:14)

The goal of the Children's Liturgy is to help young children celebrate the Liturgy of the Word in a way that is meaningful and appropriate for their age.

We warmly invite parents to bring their children to the **Sunday 10:00 am Mass at St. Joseph's Church** and encourage them to take part in this special liturgical experience.

Calling All Children! Join Our Altar Servers and Children's Choir!

We warmly invite all children to become part of two very special ministries in our church community:



Altar Servers: Would you like to help at Mass in a special way? Altar serving is a wonderful opportunity for children to grow in faith, learn more about the Mass, and serve God and the parish. Training will be provided.



Children's Choir: Do you love to sing? Join our joyful Children's Choir and help lead the parish in worship through music! Choir members learn new songs, develop their musical gifts, and make new friends.

Office Of Catholic Youth:



Our Vision & Mission: Our vision is to guide youth and young adults, to Encounter, Love, and Serve, Jesus Christ.
Please Join the St. Joseph Youth Group.



Social Events:

Dinner & Dance: November 22, 2025 at 6.30 pm

Bake Sale: December 21, 2025 at 11.00 am



WEEKEND COLLECTION:

October 18-19, 2025: \$ 1,401.80

Thank you for your constant support and generous contribution.

Kindly contribute through Pre - Authorized Giving.
Forms are available in the foyer.

**A Big thanks to Knights of Columbus,
Council 9079.**



† MASS INTENTIONS

Sunday, October 26:

10:00 am : † **Helen D'Sousa**

Req. Olga Oliveira

† **Rebecca De Sagun**

Req. Zita Manadaue, Angie & Nick Blanco

Monday, October 27: NO MASS

Tuesday, October 28:

9:00 am : † **Jozef Durbajlo**

Req. Michael & Diane Jansen

Wednesday, October 29:

7:00 pm : † **Fr. Poitr Golinski**

Req. Henriette Cudmore

Thursday, October 30:

9:00 am : † **Luis & Puring Bersola**

Req. Nerie Bernal

Friday, October 31:

7:00 pm: † **Morris Alphonsus Uy**

Req. **Angie & Nick Blanco**

Saturday, November 01:

5:00 pm: **St. Joseph Parish Community**

† **Bernardo Carreon Jr.**

Req. **Angie & Nick Blanco**

ALL SOULS DAY: November 02, 2025

Light a candle and offer a Holy Mass for your departed family members.



This is a sacred way to honor their memory, pray for the repose of their souls, and entrust them to God's eternal peace.

Compassionate Savior, We pray for those in need around the world. Bless the less fortunate, and use us as an instrument of your love and prosperity to bring relief and hope to those in distress. May your peace reign in my heart as we trust in your unfailing love. **Amen**

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