

# St. Joseph Parish

*Established in 1878*

*Served by the Holy Cross Fathers*



## UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

**Pastor:** Fr. Roshan Loy D’Souza, CSC  
**Secretary/Bookkeeper:** Nerie Bernal  
**Custodian:** Allan Cobham

**OFFICE HOURS:**  
**Monday to Friday:** 9:00 am to 12:00 pm

**Music Ministry:** Megan Montifar & Eric Fahn

### PARISH MINISTRIES

Altar Servers  
Children’s Liturgy  
Collection Counters  
Communion to the Sick  
Lectors & Eucharistic  
Ministries  
Legion of Mary  
Social Action Committee  
Parish Council

Finance Council  
Girl Guides

*If you feel called to  
serve the church  
through any of these  
ministries, please call  
the parish office.*

**St. Vincent de Paul Society:**  
**The Knights of Columbus:** 647-885-7299

**St. Joseph Catholic School:**  
**Principal:** Eoghan Morishita-Miki  
**Phone:** 416-393-5209

### MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

### CELEBRATION OF SACRAMENTS

#### **Sacrament of Baptism, First Communion, Confirmation and Marriage:**

Please contact the office to begin the process of preparation.

#### **Sacrament of Reconciliation:**

Saturday before the vigil mass or on request anytime.

#### **Ministry to and Anointing of the Sick:**

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

**New members please register at the office.**

**Hall Rental:** Please contact the parish office at 416-466-7815.

162 Leslie St. Toronto, ON M4M 3C7

**Tel:** 416-466-7815 or 416-518-0276

**Email:** stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

**Website:** www.stjosephTO@archtoronto.org



## Grow in Peace

In life, growth is often associated with effort, striving, and pushing forward at all costs. We are taught to hustle, to compete, and to constantly chase the next achievement. But what if true, lasting growth doesn't come through pressure, but through peace?

To grow in peace is to allow transformation to take root in a calm, grounded spirit. It means nurturing your inner world so that growth becomes a natural extension of who you are, not a frantic reaction to external expectations.

The Bible speaks deeply into this idea. In Philippians 4:6-7, Paul writes: *"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."*

This passage is not a denial of the struggles we face. Instead, it offers us a different posture: one of peace, rooted in trust. When we let go of anxiety and bring our hearts honestly before God, we open ourselves up to a peace that goes beyond our understanding. That peace is not shallow or temporary—it is strong enough to guard our hearts and minds. Peace, then, is not the absence of challenges, but the presence of God in the midst of them. It becomes the soil in which healthy growth takes place.

To grow in peace is to recognize that we don't need to rush. God's timing is not our timing, and that's a good thing. In nature, nothing blooms all year round. Trees take seasons to rest. Seeds take time to sprout. In the same way, spiritual and emotional growth often happens slowly, through quiet moments of reflection, through prayer, and through surrender. When we choose to grow in peace, we stop striving for perfection and start embracing process. We allow God to work in us—not through stress or fear—but through love, grace, and patience.

This type of growth is sustainable. It doesn't burn out. It doesn't come at the expense of our mental or spiritual well-being. Rather, it aligns us more closely with the character of Christ, who often withdrew to quiet places to pray, to be still, and to commune with the Father. So today, consider what it might look like for you to grow in peace. Are there areas of your life where you're striving out of fear or insecurity? May you seek His peace. May you be patient with your process. And may you find that in the quiet, in the stillness, you are not stuck—you are growing.

**God Bless, Fr. Roshan Loy D'Souza, CSC**



**REMEMBERING ST. JOSEPH'S CHURCH,  
Making a charitable Bequest:**  
Having a properly made will is one of

the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, Contact:  
**St. Joseph Church: 416 466 7815 / 416 518 0276.**



## Archdiocese of Toronto

### Men & Women Ignatian Retreat:

Friday, October 17, 2025 06:30 PM - Sunday, October 19, 2025 01:00 PM

#### Manresa Jesuit Spiritual Renewal Centre Pickering

In November, the Church will begin to read Matthew's Gospel at Sunday Mass. This retreat will explore themes of discipleship in the Sermon on the Mount and other passages in Matthew's Gospel, touching on creation, redemption, reconciliation and spiritual growth, in light of the Spiritual Exercises and works of art.

This SILENT retreat begins on Friday evening and runs to Sunday with lunch. The suggested offering is \$270 per person which includes your two night's accommodation, meals, spiritual direction and retreat program. Facilitated by: Terrence Prendergast, SJ - Emeritus Archbishop - Archdiocese of Ottawa - Cornwall

**REGISTER: Via email at [manresaregistration@outlook.com](mailto:manresaregistration@outlook.com),  
online at <https://manresa-canada.ca> or call 905-839-2864.**

### Online Bereavement Introductory Program

October 8, 2025 at 7:00 pm : Register at : <https://nbb1025.eventbrite.ca>

For more information: Archangelo Limanni, MRE, MACP, RP  
email: [alimanni@cfstoronto.com](mailto:alimanni@cfstoronto.com) 647-215-3978

The Online Bereavement Introductory Program offers both women and men a learning environment which is safe, welcoming and non-judgmental. The program provides 4 weeks of psychoeducation, which assists and accompanies the bereaved in exploring grief, experiencing healing and renewing faith. The program resources include PowerPoint, and time will be allocated for group discussion. We welcome people from all ethnic, cultural and religious backgrounds.

# TWENTY SEVENTH SUNDAY IN ORDINARY TIME : OCTOBER 05, 2025



## The Pope's Monthly Intentions for October 2025:

For collaboration between different religious traditions. Let us pray that believers in different religious traditions might work together to defend & promote peace, justice & human fraternity.



## Children's Liturgy of the Word

"Let the little children come to me..." (Matthew 19:14)

The goal of the Children's Liturgy is to help young children celebrate the Liturgy of the Word in a way that is meaningful and appropriate for their age.

We warmly invite parents to bring their children to the **Sunday 10:00 AM Mass at St. Joseph's Church** and encourage them to take part in this special liturgical experience.

## Calling All Children! Join Our Altar Servers and Children's Choir!

We warmly invite all children to become part of two very special ministries in our church community:



**Altar Servers:** Would you like to help at Mass in a special way? Altar serving is a wonderful opportunity for children to grow in faith, learn more about the Mass, and serve God and the parish. Training will be provided.



**Children's Choir:** Do you love to sing? Join our joyful Children's Choir and help lead the parish in worship through music! Choir members learn new songs, develop their musical gifts, and make new friends.

## Office Of Catholic Youth:



**Our Vision & Mission:** Our vision is to guide youth and young adults, to Encounter, Love, and Serve, Jesus Christ. *Please Join the St. Joseph Youth Group.*



## Social Events:

**Dinner & Dance:** November 22, 2025

**Bake Sale:** December 21, 2025



## WEEKEND COLLECTION:

**September 27-28, 2025 \$ 975.00**

Thank you for your constant support and generous contribution.

Kindly contribute through Pre - Authorized Giving. Forms are available in the foyer.

**A Big thanks to Knights of Columbus, Council 9079.**



# † MASS INTENTIONS

**Sunday, October 05:**

10:00 am : **Thanksgiving Intentions**

Req. Paez Family

**For the Intentions of Daniel Coutts & Family**

Req. Sidonia Polivka

**Monday, October 06: NO MASS**

**Tuesday, October 07:**

9:00 am : **Thanksgiving for the Gift of Life**

Req. Angie Paez Blanco

**Wednesday, October 08:**

7:00 pm : **Thanksgiving for the Gift of Life**

Req. Emma Caragan

**Maria Aldina & Eldeberto Birthdays & Family Intentions**

Req. Maria Carmo Oliveira

**† For the Unborn**

Req. Toni Muise & Marilyn Roberts

**Thursday, October 09:**

9:00 am : **† Brenda Malone**

Req. Family

**Friday, October 10:**

7:00 pm: **† Jeffrey Tan & Sofia Salvador**

Req. Jocelyn Salvador

**Saturday, October 11:**

5:00 pm: **St. Joseph Parish Community**

**† John De Oliveira**

Req. Alda de Oliveira

**† Antonio Gomes**

Req. Filomena Gomes & Family

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**- Special Collection -**  
**Indigenous Healing & Reconciliation**  
**October 05, 2025**

## Leslie Grove Pharmacy

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Holy Cross Cemetery & Funeral Home 905-889-7467



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