

#### UNITY IN DIVERSITY

"Moved by the Good News of Jesus Christ... We Journey with St. Joseph"

Pastor: Fr. Roshan Loy D'Souza, CSC Secretary/Bookkeeper: Nerie Bernal Custodian: Allan Cobham

**OFFICE HOURS:** 

**Monday to Friday:** 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

#### **PARISH MINISTRIES**

Altar Servers
Children's Liturgy
Collection Counters
Communion to the Sick
Lectors & Eucharistic
Ministries
Legion of Mary
Social Action Committee

Parish Council

Finance Council Girl Guides

If you feel called to serve the church through any of these ministries, please call the parish office.

St. Vincent de Paul Society:

The Knights of Columbus: 647-885-7299

St. Joseph Catholic School:

Principal: Eoghan Morishita-Miki

**Phone:** 416-393-5209

#### **MASS TIMES:**

Monday No Mass
Tuesday, & Thursday 9:00 am
Wednesday & Friday 7:00 pm
Saturday Vigil 5:00 pm
Sunday 10:00 am

#### **CELEBRATION OF SACRAMENTS**

## Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

#### **Sacrament of Reconciliation:**

Saturday before the vigil mass or on request anytime.

#### Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

**Hall Rental:** Please contact the parish office at 416-466-7815.

162 Leslie St. Toronto, ON M4M 3C7

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org

### EIGHTH SUNDAY IN ORDINARY TIME: MARCH 02, 2025



#### **LETTING GO**

Letting go is all about releasing our clenched fists and trusting God with open hands. LET GO & LET GOD. Simple, right? Then why is it so hard to do? Are you holding on with such a vice grip that your hands are cramped and rigid, unable to receive anything? Or have you

learned to release and let go, palms turned up and open, ready to accept? WHY LETTING GO & LETTING GOD IS SO HARD: Sometimes, we close our fists, desperately hanging on because we can't let go. We tightly cling because we fear losing control.

"Please don't take this from me...I cannot lose it. If I do, my whole world will fall apart." Other times, our clenched fists signal to the world that we won't let go. We have been painfully wronged, unjustly accused, or willfully maligned.

"If I let go now, nothing will ever change. People will continue to take advantage of me. I have to hold on to what little I have left. Because God created us with a need for love, acceptance, and security, it is our instinct to hold on even tighter when we feel these things slipping from our fingers. And we all do it...clench our fists, tighten our grip, and refuse to let go.

It is not that everything we are holding onto is necessarily bad or wrong (we can hold on to some really good things!), it is just that we miss out on so much more (even better things!) that God wants to give us. A man whose hands are full of parcels can't receive a gift." C.S. Lewis. What if I let go and find myself all alone? What if I forgive only to get hurt again? What if I do all the right things and still fail? What if I show my true self and people reject me? What if I surrender control and people take advantage of me?

In our chaotic and uncertain world, it is tempting to firmly grasp those things that give us a sense of control and comfort: our families, homes, jobs, friendships, activities, and freedoms. If the past few months have taught us anything, it is this: only God is in control. And the harder we try to keep everything safe and secure in the palm of our hands, the more they slip through our fingers like grains of fine sand.

Only with hands opened up in a posture of humble acceptance can you receive all that God wants to give you even in the middle of your disappointment, doubt, and despair. And once you decide what God offers is far greater than anything you are refusing to release, letting go will become much easier. What do you need to hand over to God so that he can give you peace and rest?

God Bless,

Fr. Roshan Loy D'Souza, CSC



## REMEMBERING ST. JOSEPH'S CHURCH, Making a charitable Bequest:

Having a properly made will is one of

the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, Contact:

St. Joseph Church: 416 466 7815 / 416 518 0276.

#### The Week Ahead:

Mar 03: St. Katherine Drexel, Virgin

Mar 04: St. Casimir

Mar 05: Ash Wednesday

Mar 07: Sts. Perpetua & Felicity, Martyrs

Mar 08: St. Joh Of God, Religious

Mar 09: First Sunday of Lent



# Archdiocese Come & See Weekend of Toronto Discernment Retreat

The Office of Vocations is hosting a Come & See Weekend Discernment Retreat for single Catholic men 18 years and older, at St. Augustine's Seminary on Friday, March 14, (6:30 p.m.) until Sunday, March 16, (2 p.m.) to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for their lives. There will be time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. For more information, contact the Office of Vocations via email: vocations@archtoronto.org. Registrations must be done online at www.vocationstoronto.ca/comesee

CONTACT: Office of Vocations: EMAIL: vocations@archtoronto.org -



### EIGHTH SUNDAY IN ORDINARY TIME: MARCH 02, 2025



POPE FRANCIS PRAYER INTENTION

#### For March 2025:

#### For Families in Crisis:

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gift, even in their differences.



Be an ALTAR Server: St. Joseph's Church provides young Catholics in grades 4 through 12 (ages 10 and up) with the opportunity to grow stronger in their faith and become more active in the celebration of the Mass by altar serving. There will be training for both new and returning altar servers and is required prior to being scheduled for Sunday Masses.



Children's Liturgy during every Sunday at 10:00 am Mass:

Children's Liturgy is designed to give children a better understanding of the Mass and the readings.

It provides a foundation for learning and participation that will remain with them throughout their lives.



#### First Holy Communion & Reconciliation Sessions:

Every Sunday at 10:00 am. For us as Catholics, there is nothing greater than to receive Jesus, truly present in the Eucharist at Mass.



#### Sacrament of Confirmation:

In Confirmation the Christian becomes more closely united with Christ. With the strengthening of the Gifts of the Holy Spirit the Christian is able to accept new responsibilities for witnessing Jesus to the world.

Sessions for the candidates: April 06, 13 & 20. All the candidates are requested to be present for these sessions and the following.



#### Season of LENT:

Ash Wednesday Masses: 9.00 am & 7.00 pm Every Friday Stations of the Cross at 6.30 p.m.



Easter Basket: April 20, 2025

Mother's Day Basket: May 11, 2025 Father's Day BBQ : June 15, 2025



#### **WEEKEND COLLECTION:**

February 22-23: \$ 1,220.80

Thank you for your constant support and generous contribution.

Kindly contribute through Pre - Authorized Giving. Forms are available in the foyer.

A Big thanks to Knights of Columbus, Council 9079.



## † MASS INTENTIONS

Sunday, March 02:

10:00 am: Adrian, Veronica Stephanie Birthday &

**Family Intentions** 

Reg. Maria Carmo Oliveira

Monday, March 03: NO MASS

Tuesday, March 04: 9:00 am: † Joe Arruda

Req. Fatima Arruda

Wednesday, March 05:

7:00 pm : † Constancia Calero

Req. Angie Blanco

Thursday, March 06:

9:00 am : † Leonora Paez

Req. Nick & Angie Blanco

Friday, March 07:

7:00 pm: Birthday Blessings for Gift of Life to

**Audrey Weiss** 

Req. Nicole Plach

Saturday, March 08:

5:00 pm: St. Joseph Parish Community

† Joe Arruda

Req. Fatima Arruda

### Legion of Mary's Corner

St. Joseph Parish is pleased to host the Legion of Mary's annual Acies on Saturday, March 22, 2025 from 1:00 p.m. to 4:00 p.m. Reception to follow in the Parish Hall.

Active and Auxiliary members of the praesidium directly attached to the Toronto Senatus are all invited to join and renew their promises to Mary, Queen of the Legion. Please email Lourdes @lourdeselliott61@gmail.com for details.

"I AM ALL YOURS, MY QUEEN, MY MOTHER, AND ALL THAT I HAVE IS YOURS."

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