

# St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



## UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

**Pastor:** Fr. Roshan Loy D’Souza, CSC  
**Secretary/Bookkeeper:** Nerie Bernal  
**Custodian:** Allan Cobham

**OFFICE HOURS:**  
**Monday to Friday:** 9:00 am to 12:00 pm

**Music Ministry:** Megan Montifar & Eric Fahn

### PARISH MINISTRIES

Altar Servers  
Children’s Liturgy  
Collection Counters  
Communion to the Sick  
Lectors & Eucharistic  
Ministries  
Legion of Mary  
Social Action Committee  
Parish Council

Finance Council  
Girl Guides

*If you feel called to  
serve the church  
through any of these  
ministries, please call  
the parish office.*

**St. Vincent de Paul Society:**  
**The Knights of Columbus:** [www.kofc9079.com](http://www.kofc9079.com)

**St. Joseph Catholic School:**  
**Principal:** Eoghan Morishita-Miki  
**Phone:** 416-393-5209

### MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

### CELEBRATION OF SACRAMENTS

#### Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

#### Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

#### Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

**New members please register at the office.**

**Hall Rental:** Please contact **Margaret MacDonald**  
at 416-463-8638

162 Leslie St. Toronto, ON M4M 3C7

**Tel:** 416-466-7815 or 416-518-0276

**Email:** [stjosephparishtoronto@gmail.com](mailto:stjosephparishtoronto@gmail.com) / [stjosephTO@archtoronto.org](mailto:stjosephTO@archtoronto.org)

**Website:** [www.stjosephTO@archtoronto.org](http://www.stjosephTO@archtoronto.org)



## From the Pastors 'Desk FATHERS' DAY

Happy Father's Day to all who are fathers or grandfathers or stepfathers! Five weeks ago, we observed Mother's Day and offered Mass for our moms. Today, on this Father's Day, we are doing the same – offering our dads, living or dead, on the altar of God during this Holy Mass and invoking our

Heavenly Father's blessings on them.

The observance most similar to our Father's Day was the ancient Roman Parentalia, an annual family reunion to remember and commemorate departed parents and kinsfolk. The originator and promoter of Father's Day was Mrs. Sonora Dodd of Spokane, Washington. Her father, William Jackson Smart, had accomplished the amazing task of rearing his six children after their young mother's death.

Mrs. Dodd's suggestions for observing the day included wearing a flower — a red rose to indicate a living father and a white rose for a dead father. In 1924, President Calvin Coolidge made the first Presidential proclamation in support of Father's Day, and in 1972, President Richard Nixon declared the third Sunday in June a National Day of Observance in honor of fathers.

The Father's role in society: According to the Catechism of the Catholic Church, the vital importance of the father's role comes from the fact that, with his wife, he cooperates with God the Creator in bringing a new human life into the world. Children who are raised with fathers present in the family have much lower rates of delinquency, drug and alcohol use, teen pregnancy, and so on, than those with absent fathers.

The father's presence is also a significant positive factor in the children's getting a college education, finding a satisfying job, and making a lasting marriage. A girl's choice of partner and satisfaction in marriage is often directly related to the relationship she has had with her father.

"A father's tears and fears are unseen, his love is unexpressed, but his care and protection remains as a pillar of strength throughout our lives." —Ama H. Vanniarachchy

God Bless. Fr. Roshan Loy D'Souza, CSC



## REMEMBERING ST. JOSEPH'S CHURCH,

### Making a charitable Bequest:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, please call the Parish office of St. Joseph Church. Contact: 416 518 0276

### The Week Ahead :

Jun 16: Father's Day

Jun 19: St. Romuald, Abbot

Jun 21: St. Aloysius Gonzaga, Religious

Jun 22: St. Paulinus of Nola, Bishop; St. John Fisher, Bishop & Thomas More, Martyrs

Jun 24: The Nativity of St. John the Baptist

Jun 27: St. Cyril of Alexandria, Bishop & Dr. of the Church



## Archdiocese of Toronto

### Reflecting on Archbishop Leo's Pastoral Letter on Seeking the Kingdom of God Awareness of the Kingdom Throughout Our Archdiocese Love

"Love is the catalyst that motivates all other virtues, their amazing driving force. St. Paul reminds us that it is the primary fruit of the Holy Spirit and from which all other fruit follows. If we establish our life firmly upon love, focus on truly loving the Lord, pleasing him always and in all things, and on loving our sisters and brothers like Jesus and for Jesus, other virtues will develop in our lives and in community, in perfect unity."

Archbishop Francis Leo, SEEKING THE KINGDOM OF GOD ABOVE AND BEYOND ALL THINGS, Page 20

### OFFICE OF HUMAN RESOURCES & WELLNESS COMMITTEE

**Re: June Wellness Tip** – The Health Risks of Sitting All Day In today's fast-paced world, many of us find ourselves glued to our desks for hours on end, often without realizing the toll it takes on our health. The act of sitting for prolonged periods may seem harmless, but research indicates that it poses significant health risks that should not be ignored. These risks include obesity, increased blood pressure, high blood sugar, excess body fat around the waist and unhealthy cholesterol levels. Whether at work or home, it is essential to incorporate regular movement breaks into our daily routines. You might start by simply standing rather than sitting when you have the chance. Or find ways to walk while you work. Mayo Clinic has provided the following examples of how to add in movement during your day: • **Take a break from sitting every 30 minutes.** • **Stand while talking on the phone or watching television.** • **Try a standing desk — or improvise with a high table or counter.** • **Walk with your colleagues for meetings rather than sitting in a conference room.** • **Position your work surface above a treadmill — with a computer screen and keyboard on a stand or a specialized treadmill-ready vertical desk — so that you can be in motion throughout the day.** The health risks of sitting all day are undeniable and should not be taken too lightly. By being mindful of our sedentary habits and prioritizing physical activity, we can take proactive steps towards a healthier lifestyle.

# ELEVENTH SUNDAY IN ORDINARY TIME : JUNE 16, 2024



## POPE FRANCIS PRAYER INTENTION FOR JUNE

### 2024: For Migrants Fleeing their Homes:

We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome & new opportunities in the countries that receive them.

**CHILDREN'S LITURGY OF THE WORD:** Is a liturgical celebration. The Gospel is proclaimed in terms appropriate for young children. The Gospel is discussed and broken open so that the children have a better understanding of the message. A profession of faith is proclaimed and prayer intentions offered before the children re-join their parents. It is Liturgy of the Word, so it is ritual, centered on the proclamation and breaking open of the scriptures. and breaking open of the scriptures. The children do what the rest of the community is doing at this point of the Mass. They listen to the scriptures proclaimed and applied to contemporary life and respond in various ways.



### Father's Day BBQ

June 16, 2024  
\$10.00 / Ticket  
Tickets will be sold before & after the Weekend Masses.



### Karaoke Night August 03, 2024

\$10.00/Ticket  
After the Saturday Vigil Mass  
Tickets will be sold before & after weekend masses



### WEEKEND COLLECTION: June 8-9, 2024: \$ 928.90

Thank you for your constant support and generous contribution.

Thanks to all our volunteers for their commitment and to our benefactors for your continued support.

Kindly contribute through Pre Authorized Giving.

Forms are available in the foyer.

**A Big thanks to Knights of Columbus, Council 9079.**



# † MASS INTENTIONS

## Sunday, June 16:

10:00 am : † Jose Arruda

Req. Family

**Chantal & Maria Carmo Oliveira  
Birthday & Family Intentions**

Req. Maria Carmo Oliveira

## Monday, June 17: NO MASS

## Tuesday, June 18:

9:00 am : † Leo Deveau

Req. Toni Muise

## Wednesday, June 19:

7:00 pm : **Thanksgiving Intentions—Sis Claudia Marie for her Final Vow**

Req. Nicole Martinez Truelove

† Lynn Fernandes

Req. Family

## Thursday, June 20:

9:00 pm : **Healing Intentions to Norma Degrano**

Req. Friends at St. Joseph Parish

## Friday, June 21:

7:00 pm: † Puring & Luis Bersola

Req. Nerie Bernal

† Jeffrey Tan & Johnwell Salvador

Req. Jocelyn Salvador

## Saturday, June 22:

5:00 pm : **For the Intentions of St. Joseph Parish Community**

**Thanksgiving on their 35th Wedding Anniversary—Tem & Cely Carpio**

Req. Tem & Cely Carpio

**St. Joseph, Pray for us.**

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