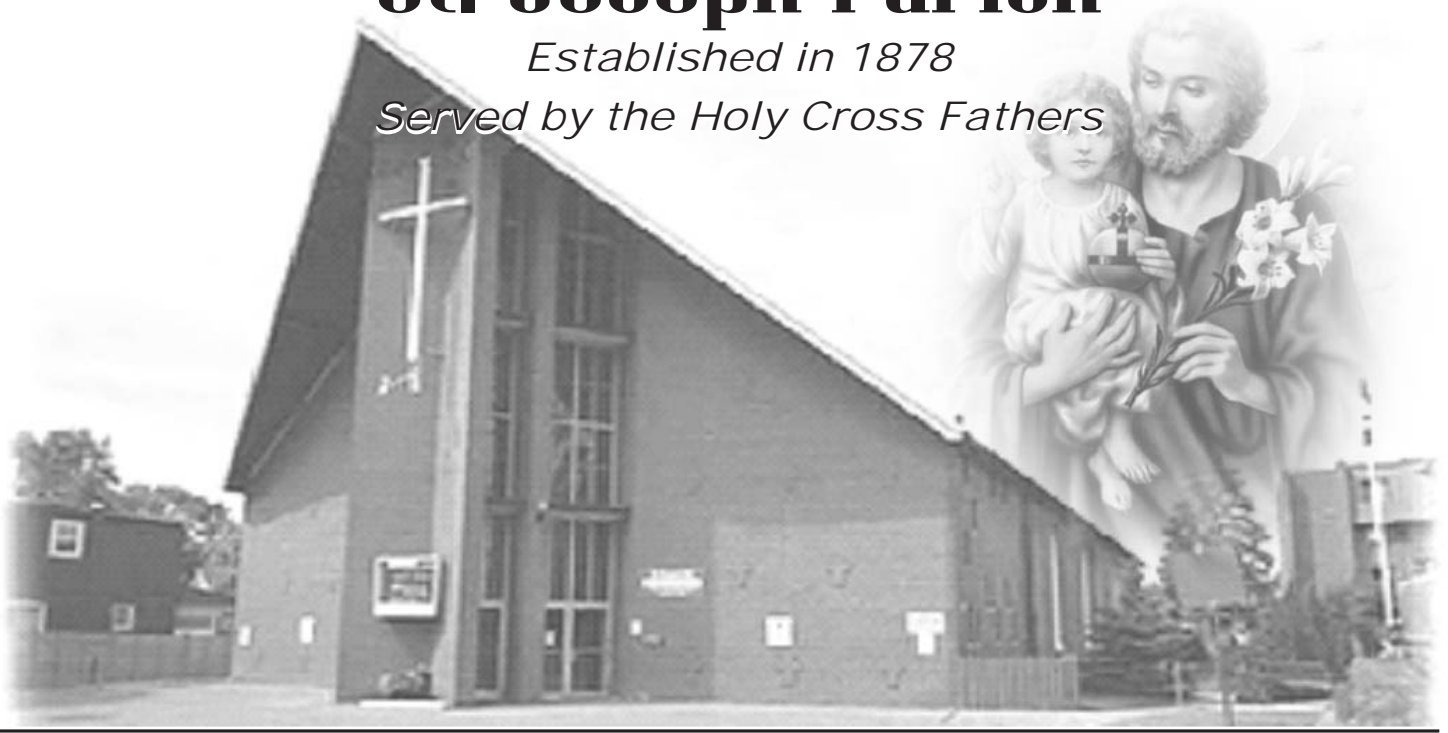


St. Joseph Parish

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UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

Pastor: Fr. Roshan Loy D’Souza, CSC
Secretary/Bookkeeper: Nerie Bernal
Custodian: Allan Cobham

OFFICE HOURS:
Monday to Friday: 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

PARISH MINISTRIES

Altar Servers
Children’s Liturgy
Collection Counters
Communion to the Sick
Lectors & Eucharistic
Ministries
Legion of Mary
Social Action Committee
Parish Council

Finance Council
Girl Guides

*If you feel called to
serve the church
through any of these
ministries, please call
the parish office.*

St. Vincent de Paul Society:
The Knights of Columbus: www.kofc9079.com

St. Joseph Catholic School:
Principal: Eoghan Morishita-Miki
Phone: 416-393-5209

MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

CELEBRATION OF SACRAMENTS

Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

Hall Rental: Please contact **Margaret MacDonald**
at 416-463-8638

162 Leslie St. Toronto, ON M4M 3C7

Tel: 416-466-7815 or 416-518-0276

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org

THE FIRST SUNDAY OF LENT : FEBRUARY 18, 2024



From the Pastors' Desk:

Reflecting on the Lenten Season

People often don't look forward to Lent. Childhood memories of giving up candy or sitting through weekly Stations of the Cross come immediately to mind. Words like "sacrifice," "discipline," and "self-denial" are often used in ways that suggest that Lent is something to be endured rather than a time of grace and spiritual growth. Have you ever thought of Lent as a yearly second chance? Each year the Church gives us six weeks to take a long, loving look at our lives to see if our values and priorities are in line with God's desires for us. Since most of us find that we've wandered from God's path, Lent becomes that second chance, or do-over, to "return to God with our whole heart."

Few times in the Christian year call us to reflect on transformational change like Lent leading toward Easter. Too often, however, we want to race to the Easter Resurrection without fully embracing the Lenten process that leads there. Lent provides us with an opportunity to deepen our spirituality by engaging in regular discipline from Ash Wednesday through Easter Sunday.

Lent is not a time to sit idle and wait for God to act. It is a time of spiritual urgency. The prophet Joel exclaims, "Blow the trumpet in Zion! proclaim a fast, call an assembly; gather the people!" The Lord has indeed taken the initiative as he calls out to us, "Return to me with your whole heart," but it is up to each one of us to respond to this invitation.

Each year we are blessed with the gift of this holy season to examine our lives, root out from them that which is not of God, and allow ourselves to be more conformed to the goodness for which he created us. Jesus himself encouraged his disciples to practice the spiritual works of prayer, fasting, and almsgiving. Both then and now, these disciplines help us to be less focused on ourselves and more committed to God and to loving others as he does.

Prayer is an antidote to pride, because through prayer we contemplate God and his ways rather than our own. Fasting is an antidote to sensuality, because we intentionally set aside even legitimate pleasures that we find in this life, knowing that our ultimate fulfillment is in heaven. Almsgiving is an antidote to vanity, because it teaches us to think more of others and their good rather than remaining focused only on ourselves. Prayer, fasting, and almsgiving, then, make the likeness of God shine more clearly from our lives. May he grant us that grace, to learn to live more like him during these forty days.

Have a blessed Season of Lent. Fr. Roshan Loy D'Souza, CSC



REMEMBERING ST. JOSEPH'S CHURCH,

Making a charitable Bequest:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained.

By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, please call the Parish office of St. Joseph Church. Contact: 416 466 7815 or 416 518 0276

The Week Ahead :

Feb 19: Memorial: Family Day

Feb 21: Memorial: St. Peter Damian, Bishop & Doctor of the Church

Feb 22: Memorial: The Chair of St. Peter the Apostle

Feb 23: Memorial: Saint Polycarp, Bishop & Martyr

Feb 27: Memorial: St. Gregory of Narek, Abbot & doctor of the Church



Archdiocese of Toronto

Spirit & Life Series - The Holy of Holies:

Discovering the Richness of the Mass: Saturday, February 24, 2024 09:00 AM to 04:00 PM .St. Augustine's Seminary, 2661 Kingston Road

We invite you to join us on February 24th at 9:00 a.m. for this Lent Retreat with speaker Fr. Eric Rodrigues. Secure your spot for this event by registering in advance.

DETAILS & REGISTRATION: <https://staugustines.on.ca/events-listing/st-augustines-spirit-life-series-lenten-retreat>

LOCATION: St. Augustine's Seminary of Toronto, 2661 Kingston Road, Toronto, ON, M1M 1M3

Ignatian Guide to Discovering God's will - Lenten talk series

Saturday, February 24, 2024 07:00 PM to 09:00 PM. St Peter's Roman Catholic Parish. 840 Bathurst St.

This series of talks offer tools to navigate the storms of life, guiding you towards a greater understanding of your deepest desires and a discovery of God's will for your life.

Equip yourself with the Ignatian spiritual compass this Lent, and navigate your way to the joy of the Resurrection at Easter.' join us here at St. Peter's Parish for a transformative five-week Lenten retreat.

THE FIRST SUNDAY OF LENT : FEBRUARY 18, 2024



POPE FRANCIS PRAYER INTENTION

For February 2024:

For the Terminally Ill:

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

CHILDRENS' LITURGY:

The Liturgy of the Word with Children during the Sunday 10:00 am mass each week. This ministry is for school-children 4 years old and up. Special thanks to coordinators and volunteers who are dedicated to this important ministry for our children.



CHILDREN'S LITURGY AT SUNDAY MASS

Our trained leaders help the children to understand the readings of the day through prayers, discussions and activities.



Confirmation Input Sessions: All the candidates are requested to attend Sunday 10:00 am Mass.

All the sessions will be shortly after the Sunday 10:00 am Mass. Next session is on February 25, March 03 & April 7, 2024.

First Holy Communion & Reconciliation Sessions.

During the Childrens' Liturgy at every Sunday 10:00 am Mass.



STATIONS OF THE CROSS

EVERY FRIDAY
DURING THE SEASON OF LENT
AT 6:30 PM
AND MASS AT 7:00 PM



WEEKEND COLLECTION:

Feb. 10-11, 2024: \$ 854.05

Thank you for your constant support and generous contribution.

Thanks to all our volunteers for their commitment and to our benefactors for your continued support.

Kindly contribute through Pre Authorized Giving. Forms are available in the foyer.

**A Big thanks to Knights of Columbus,
Council 9079.**



† MASS INTENTIONS

Sunday, February 18:

10:00 am : † Francisco Costa

Req. Family

Monday, February 19: NO MASS

Tuesday, February 20:

9:00 am :

Req.

Wednesday, February 21:

7:00 pm : † Alvaro Gomes

Req. Jose Gomes & Family

Thursday, February 22:

9:00 am : Birthday Blessing for Nena Villa

Req. Angie & Nick Blanco

Friday, February 23:

7:00 pm

Req.

Saturday, February 24:

5:00 pm : For the Intentions of
St. Joseph Parish Community



SAINT JOSEPH

Protect my family and me
as you did the Holy Family.
Kindly keep us ever united
in the love of Christ,
ever strong in imitation
of the virtue of our
Blessed Lady,
and always faithful
in devotion to you.

AMEN

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