

St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

Pastor: Fr. Roshan Loy D’Souza, CSC
Secretary/Bookkeeper: Nerie Bernal
Custodian: Allan Cobham

OFFICE HOURS:
Monday to Friday: 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

PARISH MINISTRIES

Altar Servers	Finance Council
Children’s Liturgy	Girl Guides
Collection Counters	
Communion to the Sick	<i>If you feel called to</i>
Lectors & Eucharistic	<i>serve the church</i>
Ministries	<i>through any of these</i>
Social Action Committee	<i>ministries, please call</i>
Parish Council	<i>the parish office.</i>

St. Vincent de Paul Society: 416-546-4044
The Knights of Columbus: www.kofc9079.com

St. Joseph Catholic School:
Principal: David Comacchio
Phone: 416-393-5209

MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

CELEBRATION OF SACRAMENTS

Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

Hall Rental: Please contact **Margaret MacDonald** at 416-463-8638

162 Leslie St. Toronto, ON M4M 3C7

Tel: 416-466-7815 or 416-518-0276

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org



Discover Your Maximum Potential



"You do not become good by trying to be good, but by finding the goodness that is already within you." -Eckhart T.

Don't doubt yourself. You are more than enough. If no one else tells you that, I will reaffirm that you are good enough to do whatever you want in life. Life is too short for you to paralyze yourself with doubts.

When you believe in yourself, your potential isn't something you need to reach; it's something waiting to be discovered. I want to let you know you are capable of doing anything you want in life. You don't need to suffer with your doubts.

Here are few ideas to help clear your doubts, build your confidence, and find the sleeping potential within you:

- 1. Make a conscious choice to pursue personal growth:** The decision to change and grow is a powerful tool that can help you move forward. Make a decision that you will start to pursue growth.
- 2. Set a goal to work toward:** It's easy to feel aimless when you don't have a concrete goal you're working toward. Narrow in on what you'd like to accomplish in the near future. The point is to get specific about exactly what you'd like to do and when.
- 3. Take baby steps:** Action fights doubts. By taking small steps, you're building evidence to show your mind that you are more and can do more than you think. Now that you have something to aim for, brainstorm for ways to get yourself to where you want to be.
- 4. Keep a success list:** We all need reminders that we are good enough. You are more than capable enough to achieve whatever you want to achieve, but you might forget that when you hit an obstacle. A success list can help to remind you why you shouldn't let go of your confidence.
- 5. Set your own bench mark:** Don't ever think that your accomplishments are too small to be proud of. It may seem that way if you start comparing yourself to other people. Even if you complete a marathon, there will be others out there who completed an iron man race. It's an endless cycle when you compare yourself to others all the time. Set your own bench mark. Be proud of yourself if you're making progress. Some people progress faster than others will. That's okay. Life is not a sprint; it's a marathon. There's nothing anyone can do to prevent you from reaching your potential; the challenge is for you to identify your dream, develop the skills to get there, and exhibit character and leadership. Then, you need to have the courage to periodically reassess, make adjustments, and pursue a course that reflects who you truly are. *"I can do all things through him who strengthens me." Philippians 4:13 . Fr. Roshan Loy D'Souza.*



REMEMBERING

ST. JOSEPH'S CHURCH,

making a charitable Bequest:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, please call the Parish office of St. Joseph Church : 416 466 7815 or 416 518 0276

The Week Ahead :

- Feb 14: Memorial: St. Cyril, Monk & Methodius, Bishop
- Feb 17: Memorial: The Seven Holy Founders of the Servite Order
- Feb 20: Memorial: Family Day
- Feb 21: Memorial: St. Peter Damian, Bishop & Doctor.

Archdiocesan Events:

Goodbye Stress – Hello Life Workshop: at Mount Carmel Spiritual Centre, 7020 Stanley Avenue , Niagara Falls. On Saturday, February 18, 2023 09:30 AM to 03:30 PM. This Workshop will empower you to take an honest look at what lies beneath your stressors, and provide the tools to deal with them. Learn the difference between good and bad stress. Stress is inevitable, but letting it control your life is optional. Learn how to deal with stress so you can say hello to life again! For registration: CONTACT: 905-356-4113 Email: reservations@carmelniagara.com

Single Mothers Gathering: On Saturday, February 18, 2023 01:30 PM to 03:30 PM. At St. Peter's Church, 840 Bathurst, Parish Hall. If you are a single mother seeking a community please join us for a fellowship & prayer. Please register on our website or using this link: <https://forms.gle/AuL6f61FqfHmGaKp8>. For any questions please email: Maria at momentumtoronto74@gmail.com

Telling Truth in Charity: Introduction to Catholic Journalism : Tuesday, February 21, 2023 07:30 PM - to 09:00 PM: **virtual** . St. Monica Institute presents an eight-week online seminar in the Catholic foundations, mechanics, and purposes of ethical journalism, featuring a team of distinguished Catholic journalists and communicators, including the editors and publishers. CONTACT: St. Monica Institute. PHONE: 437-290-9373. EMAIL: admin@SaintMonicaInstitute.ca



POPE FRANCIS PRAYER INTENTION FOR JANUARY 2023:
FOR EDUCATORS: We pray that Educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.



First Communion & First Reconciliation: All the grade 2 students preparing for the sacraments are requested to be part of Sunday 10 am children's liturgy.



Confirmation Sessions: All the sessions will be shortly after the Sunday 10:00 a.m. Mass. February 12, 2023, February 26, 2023, March 12, 2023. All the candidates are requested to attend Sunday mass and be enriched spiritually.



Pancake Breakfast

On February 19, 2023
Sunday after the 10 am Mass
At St. Joseph parish hall
Tickets: Adult: \$10.00
Children 12 & below: \$ 6.00



Coming up:

Novena and Feast of St. Joseph

We will have novena to St. Joseph in preparation for the feast of St. Joseph from March 10 to 18 during the Masses. The feast of St. Joseph will be celebrated on March 19 (Sunday). There will be breakfast after the Sunday Mass for the parish community. All are Welcome.



WEEKEND COLLECTION:

February 4-5, 2023
Total Amount: \$ 1,592.00

Thank you for your constant support and generous contribution.

Thanks to all our volunteers for their commitment and to our benefactors for their continued support.

Kindly contribute through Pre Authorize Giving.
Forms are available in the foyer.



Joseph Parish community sincerely thanks Knights of Columbus, Council 9079 for their continued support. God Bless You.

† MASS INTENTIONS

Sunday, February 12

10:00 am *For the Intentions of Nicole Plach*

Req. Audrey Weiss

† *Vincent Scalongo Kibudde*

Req. Family

Monday, February 13

No mass

Tuesday, February 14

9:00 am *Thanksgiving for the Gift of Life & † Jeffrey Tan*

Req. Jocelyn Salvador

Wednesday, February 15

7:00 pm

Req.

Thursday, February 16

9:00 am

Req.

Friday, February 17

7:00 pm

Req.

Saturday, February 18

5:00 pm *For the Intention of St. Joseph Parish Community*

St. Joseph, Pray for us

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