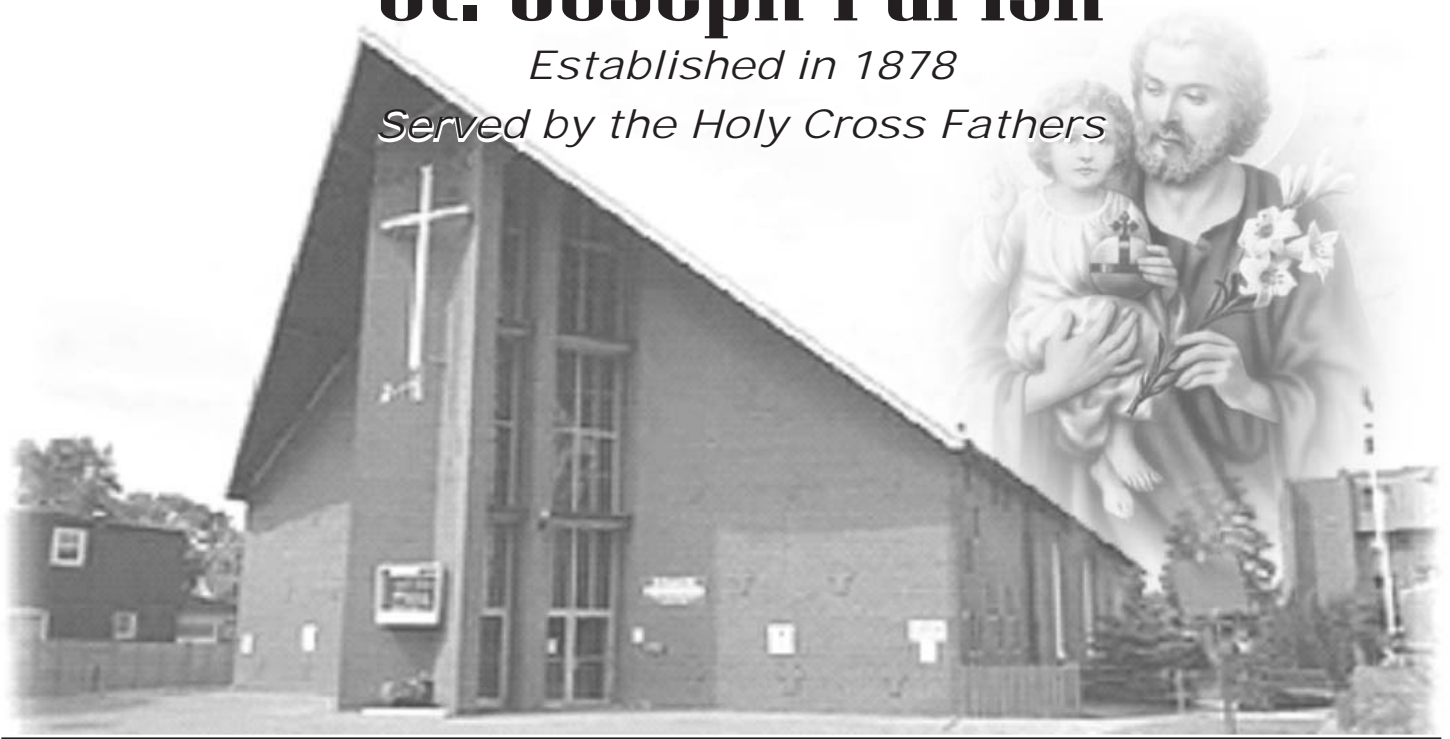


St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

Pastor: Fr. Roshan Loy D’Souza, CSC
Secretary/Bookkeeper: Nerie Bernal
Custodian: Allan Cobham

OFFICE HOURS:
Monday to Friday: 9:00 am to 12:00 pm

Music Ministry: Megan Montifar & Eric Fahn

PARISH MINISTRIES

Altar Servers	Finance Council
Children’s Liturgy	Girl Guides
Collection Counters	
Communion to the Sick	<i>If you feel called to</i>
Lectors & Eucharistic	<i>serve the church</i>
Ministries	<i>through any of these</i>
Social Action Committee	<i>ministries, please call</i>
Parish Council	<i>the parish office.</i>

St. Vincent de Paul Society: 416-546-4044
The Knights of Columbus: www.kofc9079.com

St. Joseph Catholic School:
Principal: Principal: David Comacchio
Phone: 416-393-5209

MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

CELEBRATION OF SACRAMENTS

Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

New members please register at the office.

Hall Rental: Please contact **Margaret MacDonald** at 416-463-8638

162 Leslie St. Toronto, ON M4M 3C7

Tel: 416-466-7815 or 416-518-0276

Fax: 416-619-4477

Email: stjosephparishtoronto@gmail.com / stjosephTO@archtoronto.org

Website: www.stjosephTO@archtoronto.org



*From the
Pastor's
Desk*



AN ATTITUDE OF GRATITUDE

We know we should be grateful. Since ancient times, spiritual leaders and philosophers have expounded on the importance of giving thanks. Gratitude is not only the greatest of virtues, but the parent of all the others. "In everything, give thanks," the Apostle Paul told one of the early Christian churches.

In recent decades, scientific research has documented the beneficial aspects of gratitude. Being thankful speeds up physical healing, improves mood and critical thinking skills and helps create lasting relationships.

Positive psychology, which has emerged in the past 50 years, studies the strengths that allow individuals and communities to thrive. Gratitude is recognized as one of those strengths.

But what exactly is gratitude? How do we practice it on a daily basis, and does it really make a difference in our lives? Gratitude doesn't ignore dark or difficult times, but occurs in the midst of them. Being grateful that your situation is better than someone else's can lead to feelings of superiority, or ingratitude when you perceive your situation as worse than others.

"Gratitude, literally, neurologically opens the mind to better ways of problem solving. It makes sense when you think about it, when our lives are filled with frustration, or when we feel flooded with negative emotions, we tend to feel like there's no way out, or no good answer." Scripture is infused with thanksgiving to God for all of his gifts to us, even in the midst of suffering. It is easy for us to focus our attention on what we do not have, to "complain in all circumstances" rather than give thanks. And yet God's will for us is to give thanks. A prerequisite for giving thanks is seeing the gifts that are before us.

Gratitude involves the realization that the good that comes to us in our lives often comes from a source outside of ourselves, which Christians often associate with God. Gratitude is a virtue most worthy of our cultivation. Indeed, in all the Christian life, gratitude is to be planted, watered, dressed, and harvested. Gratitude gets at the very essence of what it means to be created, finite, fallen, redeemed, and sustained by the God of all grace. **"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."** (1 Thessalonians 5:18)

Fr. Roshan Loy D'Souza, CSC



REMEMBERING
ST. JOSEPH'S CHURCH,
MAKING A CHARITABLE BEQUEST:

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, please call the Parish office of St. Joseph Church : 416 466 7815 or 416 518 0276

The Week Ahead :

Oct 10: Thanksgiving Day

Oct 11: Memorial: St. John XXIII, Pope

Oct 14: Memorial: St. Callistus I, Pope & Martyr

Oct 15: Memorial: St. Teresa of Jesus, Virgin & Doctor of the Church

Oct. 17: Memorial: St. Ignatius of Antioch, Bishop & Martyr

Oct 18: Memorial: St. Luke, Evangelist

St. Joseph, Pray For Us



Please come & Join the fun!
International Food Festival
at St. Joseph Parish Hall

on October 30, 2022 after the 10:00 am Sunday Mass.

Tickets: Adult \$15.00 & Children: \$ 8.00 .

Please signup if you wish to prepare a dish for the event.

Catholicism 101: BIBLE

(New Testament):

The Gospels: Matthew, Mark, Luke & John

Historical book: Acts of the Apostles

Pauline Epistles: Romans, 1 Corinthians, 2 Corinthians, Galatians, Ephesians, Philippians, Colossians, 1 Thessalonians, 2 Thessalonians, 1 Timothy, 2 Timothy, Titus, Philemon, Hebrews

General Epistles: James, 1 Peter, 1 John,

Antilegomena: 2 Peter, 2 John, 3 John, Jude, Revelation





**Pope Francis Prayer Intention for October 2022:
A Church Open to Everyone**

We pray for the Church, ever faithful to & courageous in preaching the gospel.

May the church be a community of solidarity, fraternity, & welcome, always living in an atmosphere of synodality.

ALTAR SERVERS: Altar Serving is a great way for our young people to take an active role in the celebration of the Mass.



They contribute to the smooth flow of the liturgy by performing their tasks efficiently and with graceful movement. Altar Servers must be in at least Grade 4 who have received First Holy Communion.

Dear Parents please encourage your children to be part of this noble ministry. God Bless our children.



Children's Liturgy at St. Joseph's Church.

Inviting all the children to be part of children's liturgy on every Sunday during 10:00 am mass. Parents' please bring your children that they may grow in faith.



**RENEW Toronto
Young Adult Conference 2022.**

Saturday, November 05, 2022 10:00 AM -
Saturday, November 05, 2022 09:30 PM , at
Canada Christian College, 300 Water St., Whitby



WEEKEND COLLECTION:

October 1 & 2, 2022

Total Amount: \$ 1,175.00

Kindly contribute through Pre Authorize Giving. Forms are available in the foyer. Thank you for your constant support and generous contribution. A special thanks to our volunteers for your dedication. The Knights of Columbus have been called "the strong right arm of the Church" in our country. The charitable work of the Knights of Columbus includes support of the Church's evangelizing mission.



St. Joseph Parish community sincerely thanks Knights of Columbus, Council 9079 for their continued support. God Bless You.

✝ MASS INTENTIONS

Sunday, October 09

10:00 am † *Gilberto Oliveira*

Req. *Maria Oliveira*

Birthdays Blessings to Eldeberto & Maria Aldina & Family Intentions

Req. *Maria Carmo Oliveira*

Monday, October 10

No mass

Tuesday, October 11

9:00 am † *Jeffrey Tan & Johnwell Salvador*

Req. *Jocelyn Tan*

Wednesday October 12

7:00 pm † *For the Unborn*

Req. *Marilyn Roberts & Toni Muisse*

† *Dante Cafirma*

Req. *Fe Keleher*

Thursday, October 13

9:00 am † *Maureen Prisciak*

Req. *Patricia Williams*

Thanksgiving for the Gift of Life to Megan

Montifar

Req. *Myrna Montifar*

Friday, October 14

7:00 pm † *Gloria & Jose Barbosa & All Souls in Purgatory*

Req. *Maria Carmo Oliveira*

† *Demetria Feliciano*

Req. *Marilene Casballido*

Saturday, October 15

5:00 pm **For the Intention of St. Joseph Parish Community**



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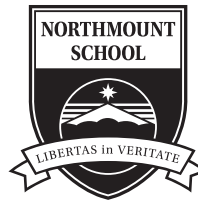
Mount Hope Cemetery 416-483-4944

Holy Cross Cemetery & Funeral Home 905-889-7467

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67 Curzon St.
416-466-7789



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