

# St. Joseph Parish

Established in 1878

Served by the Holy Cross Fathers



## UNITY IN DIVERSITY

“Moved by the Good News of Jesus Christ... We *Journey with St. Joseph*”

**Pastor:** Fr. Roshan Loy D’Souza, CSC  
**Secretary/Bookkeeper:** Nerie Bernal  
**Custodian:** Allan Cobham

**OFFICE HOURS:**  
**Monday to Friday:** 9:00 am to 12:00 pm

**Music Ministry:** Megan Montifar & Eric Fahn

### PARISH MINISTRIES

Altar Servers	Finance Council
Children’s Liturgy	Girl Guides
Collection Counters	
Communion to the Sick	<i>If you feel called to</i>
Lectors & Eucharistic	<i>serve the church</i>
Ministries	<i>through any of these</i>
Social Action Committee	<i>ministries, please call</i>
Parish Council	<i>the parish office.</i>

**St. Vincent de Paul Society:** 416-546-4044  
**The Knights of Columbus:** [www.kofc9079.com](http://www.kofc9079.com)

**St. Joseph Catholic School:**  
**Principal:** Principal: David Comacchio  
**Phone:** 416-393-5209

### MASS TIMES:

Monday	No Mass
Tuesday, & Thursday	9:00 am
Wednesday & Friday	7:00 pm
Saturday Vigil	5:00 pm
Sunday	10:00 am

### CELEBRATION OF SACRAMENTS

#### Sacrament of Baptism, First Communion, Confirmation and Marriage:

Please contact the office to begin the process of preparation.

#### Sacrament of Reconciliation:

Saturday before the vigil mass or on request anytime.

#### Ministry to and Anointing of the Sick:

Please advise us if you have someone ill at home, hospital or in a nursing home so that we can minister to them.

**New members please register at the office.**

**Hall Rental:** Please contact **Margaret MacDonald** at 416-463-8638

162 Leslie St. Toronto, ON M4M 3C7

**Tel:** 416-466-7815 or 416-518-0276

**Fax:** 416-619-4477

**Email:** [stjosephparishtoronto@gmail.com](mailto:stjosephparishtoronto@gmail.com) / [stjosephTO@archtoronto.org](mailto:stjosephTO@archtoronto.org)

**Website:** [www.stjosephTO@archtoronto.org](http://www.stjosephTO@archtoronto.org)



*From the  
Pastor's  
Desk*



## Acceptance & Healing

Acceptance is a microcosm of the self, where our principles, beliefs, and behaviors illuminate an incandescent fervor of hope.

The intricacies of sustaining optimism in this time of effortlessly accessible discouragement mean that we all know what it feels like to feel downcast or dejected.

Even just thinking about these emotions can bring to mind situations that can leave us feeling starkly melancholic. This reaction reminds us that, somewhere in our past, we began to associate despondent feelings with a sense of misery. This is not inherently wrong.

But when we view our thoughts or feelings through the narrow lens of self-judgment augmented with the pain of past experiences, a shift in mood is bound to occur. And although we cannot control every emotion, we can indirectly affect our emotions through the power of acceptance. The essential art of acceptance asks us to completely accept what may be happening, even if it's negative. However, even though acceptance isn't the same as approval or agreement, it is still difficult to accept what we find to be painful, dangerous, or harmful.

Acceptance is about choosing peace over chaos, and it's one reason why true acceptance is a form of forgiveness. It's the willingness to give up suffering over something we cannot control. Choose not to judge what happens to you. Instead, believe that everything happens for a reason and that better things will always follow. That's the beginning of true acceptance. Somewhere recently I read that the important thing is not to understand why something happened. Our understanding can wait, but our obedience cannot.

I translate this to mean that when something unpredictable happens, instead of complaining and over-thinking it, we need to choose to live with it. I know it's hard to practice acceptance when you deeply wish things were different. But the truth is, sometimes we can't change our reality, even if we try.

So instead of staring at the closed door in front of us, or getting tired and bruised while we try to break it down, let's turn around and see how many other windows we have open. God Bless.

**Fr. Roshan Loy D'Souza, CSC**



## REMEMBERING ST. JOSEPH'S CHURCH, THROUGH A BEQUEST

Having a properly made will is one of the best gifts anyone can leave their loved ones in the event of their passing. It also ensures that charities and causes closest to their hearts will be sustained. By putting the parish in their will, parishioners can help the Church faithfully carry out the pastoral mission entrusted to her by our Lord, for generations to come. For more information, please call the Parish office of St. Joseph Church : 416 466 7815 or 416 518 0276

### The Week Ahead :

Feb 08: Memorial: St. Jerome Emiliani

St. Josephine Bakhita, Virgin

Feb 10: Memorial: St. Scholastica, Virgin

Feb 11: Memorial: Our Lady of Lourdes

World Day of the Sick

Feb 14: Memorial: St. Cyril, Monk

St. Methodius, Bishop

**St. Joseph, Pray For Us**

### Update on COVID-19 Policies in the Archdiocese of

**Toronto:** Capacity restrictions for places of worship are set at 50% of pre-Covid capacity however distancing of two metres (6 feet) must be maintained by those not from the same family. The Archdiocese of Toronto encourages all Catholics to be vaccinated for the common good, we are making every effort to ensure that our churches remain open to all. The Worship safe protocols have kept our parishioners safe throughout the pandemic and will continue to do so as COVID-19 restrictions are gradually removed throughout the province.

### Pope Francis Prayer Intension for February 2022: For Religious Sisters & Consecrated Women



We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times.

**PARISH ANNOUNCEMENTS:**

**2022 First Communion and Confirmation Registration:**

Grade 2 students wishing to receive their First Communion and Grade 7 students wishing to receive their Confirmation must be registered at St. Joseph Parish Office. Kindly note that you will need to provide a copy of your child's baptismal certificate with the registration.

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**Welcome to the Ministry of Extraordinary Minister of the Eucharist and Lector!**

If you are interested to be part of this sacred ministry, kindly enroll your names at the parish office.

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**Bereavement Ministry Training :  
February 8, 15 & 22, 2022.**

We hope you will join us to learn and share how the Christian faithful comfort mourners with words of faith and support and with acts of kindness. Registrants will be required to participate in all online sessions and complete pre-homework to complete and receive full training. There is no cost to attend.

Office of Formation for Discipleship. Contact: 416-934.3400, Ext. 523  
email:-formation@archtoronto.org

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**The Synod on Synodality: Share Your Thoughts:**

With the Synod on Synodality, Pope Francis is asking every Catholic to help discern what the Holy Spirit is telling us at this moment as the Church enters its third millennium. The first phase of the Synod on Synodality will last through the first half of 2022 and will see the world's faithful sharing their thoughts at a diocesan level. All those diocesan-level responses will be collected and summarized.

**✝ MASS INTENTIONS**

**Sunday, February 06**

10:00 am † *Susana Murphy*

*Req. Irene Waterson*

† *Francisco Medeiros*

*Req. Maria Noemia*

† *Diana Julien Hyatt*

*Req. Mary Anne Law*

**Monday, February 07**

*No mass*

**Tuesday, February 08**

09:00 am *Blessing to Brian Peckford*

*Req. Donor*

**Wednesday February 09**

7:00 pm † *Alice Von Hildebrand*

*Req. Donor*

**Thursday, February 10**

9:00 am *For the Consecration of Russia*

*Req. Donor*

† *Gary Arruda on his birth*

*Anniversary*

*Req. Donor*

**Friday, February 11**

10:00 pm † *Healing Intention for Brandon Slisarenko*

*Req. Ron & Marilyn Roberts*

**Saturday, February 12**

5:00 pm *For the Intentions of St. Joseph  
Parish Community*

**WEEKEND COLLECTION:**

**January 29-30, 2022**

**Total Amount: \$ 1,195.60**

Since all our fundraising events can't be held due to pandemic, kindly increase your donations towards our Building Fund. Kindly contribute through Pre Authorize Giving. Forms are available in the foyer.

**Thank you for your constant support and generous contribution. A special thanks to our volunteers for your dedication during these unprecedented times.**

**GOD LOVES A  
CHEERFUL  
GIVER**



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Property Management Office

67 Curzon St.

**416-466-7789**



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